

Elementary After-School Activities Descriptions (Second trimester - December 5 through March 2)

Gymnastics

(preschool; kindergarten - grade 2; grades 3-5)

Come and learn or improve your gymnastics skills! This class will include warm-ups, stretching and conditioning, as well as work on a variety of skills including: bridge, tuck jump, pike jump, straddle jump, forward and backward roll, tri-pod, headstand, handstand and cartwheel. Gymnasts should wear comfortable, yet not loose clothing.

Story Club (preschool)

The teacher will read a story and kids can draw a picture expressing the favorite part of the tale.

Come Back to Play (kindergarten - grade 2)

Do you want to relive the carefree days of your youth? Then come back to play! Come visit a kindergarten classroom and have a chance to play with all your favorite toys again; blocks, Legos, games, coloring, painting, Play-Doh and puzzles.

Original Pictures (grades 1-2)

Join Ms. Vika in learning how to make original pictures like printmaking, pictures on cloth, and pictures from plasticine. Make your own stories and create them on different materials.

Toy Making (grades 1-2)

Students will learn how to make toys from different kinds of materials, such as cloth and beads. You will create your own toys.

Snack Attack (kindergarten - grade 1; grades 2-3)

Snack Attack encourages children to make their own snacks. They will have fun learning how to cook, bake and preparing their snacks. Join us and get ready for SNACK ATTACK!!!

Clay Club /Pottery

(kindergarten - grade 2; grades 3-5)

Discover your artistic potential when working with clay. Come along and enjoy modeling with clay!

Indoor Sports

(preschool 2 - kindergarten; grades 3-4; grade 5)

This activity is open to students from grades preschool 2 to 5 and offers a variety of sports, activities and games with an emphasis on fair and cooperative play and sportsmanship.

Elementary Student Council (grades 2-5)

Elected student representatives and active volunteers meet to organize activities for the elementary school. If a student is elected by his/her classmates to this position they will be required to attend this after-school club. **Non-elected members are also welcome to join student council and actively participate in all activities.**

Tae Kwon Do (grades 1-2)

Tae kwon do is offered to foster self-esteem, confidence, humbleness, discipline and knowledge. The spirit of this class is not to attack but to defend yourself and have a good time. So, if you are in the aggressive and attacking mood, this class is not for you!

Primary Music Band (grades 3-5)

For students already able to play an instrument well, Primary Music Band will provide an opportunity for musicians to play in a group. The object is to learn pieces to be performed at school and possibly other places, have

fun, work hard, and experience the joy of making music with others. You don't have to be perfect; you just have to be willing to try hard. Making mistakes is a part of learning. There will be auditions.

Art is Fun (grades 3-5)

Students will have fun with creating art and experimenting in different media such as glass painting, face painting, food sculptures, collages, crafts and much more.

Girl Scouts (grades 4-5)

Junior Girl Scouts plan and implement activities that help them work on leadership skills, citizenship and cooperation. Girl Scouts helps build character and also allows girls to safely try new activities and explore new interests!

Russian Folk Art (grades 3-4)

This activity is for those who would like to learn more about Russian folk art. We will paint cutting boards, make some decorations using beads, and so on.

Beading (grades 2-4)

We will be using beads to make simple projects such as bookmarks, bracelets, necklaces, etc

Knitting (grades 3-5)

We will start by learning how to cast on stitches and to knit scarves, hats and so on.

Hip-Hop (grades 3-5)

This club is a great way to keep fit, have fun, make friends and learn how to dance with opportunities to perform!

Bowling (grades 2-5)

Come to the Uzb Bowling Center in Tashkent to relax after a strenuous week of schoolwork. The mini-bus will take us to the bowling alley, where we will bowl from 16:00 until 17:00. **You will need to ask your parents to pick you up from TIS at 17:30.**

Ice-Skating (grades 3-5)

If you want to improve your skating skills or just have more practice, join us to learn some simple moves and have fun with your friends! The mini-bus will take us to the skating rink, where we will skate from 16:00 until 17:00. **You will need to ask your parents to pick you up from TIS at 17:30.**

Robots Alive (grades 3-5)

We will go into the process of designs, planning, building, and refining robots using Lego Mindstorms Kits.